



# Hair System Protection

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care essentials

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To ensure your hair system lasts its full expected lifespan, proper care and protection from wear and tear are key. Most new wearers find their toupee lasts well with the right care. Experienced users often have their own tricks to extend lifespan even further!

## Checklist Before Buying a Hair System


1. **Pick The Right Base:** Hair systems aren't permanent. Most glued or taped systems last, on average, anywhere from 1 month to 6 months - 1 year. Understanding this helps manage expectations before you even fit it.
2. **Get It Done Professionally:** For customization and fitting, professional hands are best. Experienced stylists at Haircreations or a salon can make adjustments without risking damage. If you're new to hair systems, avoid cutting or perming them yourself. Practice on an old system if you want to learn! A professional stylist will also ensure your scalp is prepped perfectly for a secure bond, preventing itchiness and premature shedding.

## How We Recommend Customizing Your Hair System:

- Get it colored by Haircreations or at a salon.
- Get it cut & permed by Haircreations or at a salon.
- Get it fitted at Haircreations or at a salon

## Preventing Common Problems

**Preventing Hair Shedding:** Hair systems naturally shed over time, as they're not permanent. You can't reattach shed hair, so the goal is to slow down the shedding process. Here are our top tips to prevent hair system shedding:

- **Use a Silk Pillowcase:** This often-overlooked trick is a game-changer! Silk's smooth surface reduces friction, preventing hair from being pulled and minimizing shedding.
  - **Use a Tangle Teezer:** These amazing brushes gently detangle hair, significantly reducing pull and preventing excess shedding compared to conventional brushes.
  - **Use Good Quality Shampoo & Conditioner:** Cheap products can be harsh, leading to frizziness and tangles, which in turn cause more shedding.
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**Preventing Base Tearing:** Most tears occur during removal, especially if the base is well-adhered. You can't just rip your toupee off—it's designed to stay on through strong winds and water activities!

- **Use a Debonder:** A debonding agent (citrus-oil-based or alcohol-based lace release) is crucial for safe removal. Spray it generously, especially at the roots where the system is most attached.

## How to Remove a Hair System (Without Tearing It):


1. **Spray:** Apply our Lace Release hair system solvent remover all over the system's roots.
2. **Wait:** Give the solvent 2-5 minutes to work its magic.
3. **Lift Slowly:** Gently pull the hair system up, a little at a time, starting from the front hairline.
4. **Heat Assist:** Use a hairdryer to help the solvent work even better.
5. **Continue:** Keep pulling until the system is completely removed from your head.

**What To Do If Your Base Has Torn:** Don't throw it away! Many tears can be repaired. Contact our team at Haircreations for advice on the best course of action.

Looking after your hair system helps it look great and last longer. Here's a simple guide to keeping your toupee in top shape:

## Washing vs. Cleaning Your Toupee

When we talk about maintaining your hair system, washing and cleaning are two different things:

- **Washing** means you're washing your hair system while it's still attached to your head with glue or tape. Think of it like washing your own hair.
  - **Cleaning** involves carefully lifting the hairpiece, removing old glue, and then reapplying new adhesive.
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## Hair System Care Schedule

Here's a general routine to follow for optimal care:

- **Front hairline:** Clean this area weekly.
- **Hairpiece wash:** Wash every 1-3 days, depending on how much you sweat.
- **Deep clean:** Aim for a deep clean every 3-6 weeks.
- **System replacement:** Replace your hair system every 1-6 months.

Why is this important? Your scalp produces natural oils (sebum) and sweat, both of which can break down the glue that holds your toupee in place. Regular washing helps remove these, keeping the glue effective for longer. Even with proper care, hair systems will eventually need to be replaced because hairs can shed, and the base can weaken from repeated gluing and removal. The lifespan of your toupee also depends on its base type.

## Heat and Styling Products: Use with Caution

Heat can dry out and damage your hair system, making it look frizzy and lifeless.

- **Straighteners and Curlers:** These tools can significantly damage the hair cuticles. If you prefer straight hair, many stock hair systems have a natural, slight wave that mimics realistic straight hair. For curls, consider a permanent perm service which allows your curls to bounce back after every wash without needing heat.
- **Hair Dryers:** While blow-drying can add volume and help style your hair, excessive heat can be damaging.

## Tips for Blow Drying:

- Let your hair system **air dry 70-95%** of the way before using a dryer for a quick blast at the end.
- On days you're not going out, let your hair system **air dry completely** and apply a **leave-in conditioner** to the roots.

## Touching and Pulling Your Toupee

Any kind of pulling or tension on your hair system can lead to damage and hair loss. While it's natural to adjust your hair or scratch an itch, being mindful can prolong your toupee's life. Common causes of pulling:

- Scratching your hair system
- Running your hands through the hair
- Wearing a cap
- Subconsciously pulling at the hairs

If you feel an itch, try putting cold water on your hair system. This can provide instant relief without needing to scratch and potentially damage the hair.

Being aware of these habits from the start will help you get the most out of your hair system.

